

# WELCOME TO ..... St. Attracta's Parish, Meadowbrook

Sunday 9<sup>th</sup> June 2019 **"Pentecost Sunday"**

Parish Office Opening Hours: Monday, Wednesday, Friday 10.00am – 1.00pm

Address: 75 Ludford Drive, Ballinteer, Dublin 16.

Tel. Numbers: Parish Office: **01 2987401** Sacristy: **01 2964626** (attended at Mass times only)

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## Mass intentions for the Coming Week

### Sunday 9<sup>th</sup> June 2019

**Sun.10am** Fr. Sean Mac Suibhne [A]

Tommy & Margret McCann [A]

Jack & Ann Day [A]

Jennifer & Mary Pollock [A]

**11.30 am** Rose & Freddie Finlay [A]

Stephen Dowdall [A] Michael O'Sullivan [A]

Mary Fitzpatrick [A]

**Mon. 10am** Parishioners Intentions

On Sunday June 9<sup>th</sup> 2019, Dún Laoghaire-Rathdown County Council presents the first dlr Age Well Expo in association with the dlr Age Friendly Alliance. The event will take place in the Pavilion at Leopardstown Racecourse to celebrate and showcase services and products available to older people in Dún Laoghaire- Rathdown. Entry to the event is free of charge and will feature appearances from legendary rally driver Rosemary Smith and author, poet, and TV presenter Christy Kenneally. The dlr Age Well Expo will also provide an opportunity to connect, engage and hear about topics of interest, particularly around the subjects of participation, health and security which were identified in the comprehensive Dún Laoghaire-Rathdown Age Friendly Strategy 2016-2020. The event which will run from 11.30am to 5pm and consist of a large and diverse exhibition space, seminars and presentations along with a networking and cafe area.

Some of our Parishioners who enjoyed a day in Knock recently with Archbishop Diarmuid Martin



## Legion of Mary Monthly Discussion Group

'The Story of Fatima'

Thursday 13<sup>th</sup> June at 7.30 pm.

Notre Dame Convent.

## Pentecost Sunday

Seeing your life through the lens of the Gospel

John Byrne. osa

1. Jesus comes into a room full of fear. Sometimes it is fear itself that makes us close the door on others and on God. Occasionally a person comes along with the gift of breaking through our closed doors, a person who comes to be with us in our fears. Do you have memories of people getting through to you and being with you despite your closed doors? Who brought you peace in a time of anxiety?
2. Jesus showed his wounds to his friends. Moments of grace can occur when another person shows us their vulnerable side, or when we do so with them. Let your memories speak of such experiences to you.
3. As the Father sent me, so am I sending you. This evokes images of receiving and handing on the things that give life: values, meaning, sense of purpose, love. Who are the people who gave you life by what they handed on to you? To whom have you handed on what is life-giving?
4. In our tradition, the final verse reminds us of the Sacrament of Reconciliation but its meaning is broader than that. Spirit-filled people are people who forgive. You might like to recall memories of when you have forgiven, or retained, another's sins. What difference has it made to you and others when you forgave rather than held sins against others?

## AN ECO PARISH

### Little Things Can Mean A Lot

Approximately 28% of the carbon dioxide (CD) produced in Ireland comes from domestic heating and lighting. CD emissions are a major factor leading to global warming resulting in climate change.

We can reduce CD emissions by taking little measures in our home ----

- Fitting low energy light bulbs which can reduce energy consumption by up to 80%. This requires an initial outlay but low energy bulbs can last up to 10 times longer.
- Leaving electrical equipment like TVs on standby uses almost as much energy as when you are watching. Turning off at the on/off button saves this waste.
- Always have a full load in washing machines and dishwashers to save on frequency of use.
- Just fill the kettle with the amount of water you need to boil
- About 80% of household waste can be recycled – you can save natural resources and reduce the problem of disposal of waste.

DLRC Council----- Ballyogan Civic Recycling Facility----- Phone 291 3600

[www.dlrcoco.ie/en/recycling-waste/recycling-centres](http://www.dlrcoco.ie/en/recycling-waste/recycling-centres)