

# WELCOME TO ..... St. Attracta's Parish, Meadowbrook

Sunday 1<sup>st</sup> September 2019 "22<sup>nd</sup> Sunday of Ordinary Time"

Parish Office 75 Ludford Drive Opening Hours: Monday, Wednesday, Friday 10.00am – 1.00pm

Tel. Numbers: Parish Office: **01 2987401** Sacristy: **01 2964626** (attended at Mass times only)

Fr. Liam Belton **01 4944448** Fr. John Bracken 01 2962274 [padrejb@gmail.com](mailto:padrejb@gmail.com)

Mass Times: Mon – Sat. 10am. Sunday 10am, 11.30am.



St. Teresa of Calcutta

Feast day Thursday

5<sup>th</sup> September.

Pray for us

## Alzheimer Social Club

The Social Club is for people with Alzheimers / dementia, their friends and families – all are welcome.

The Club, organised by the Alzheimer Society, runs activities and provides an informal, flexible and fun opportunity for people with dementia and their carer or family member to meet others in a supported environment.

For further information contact Grace 087 9219095 or Maureen 087 6414884  
Dundrum Methodist Church on Ballinteer Road.

The club will be held on the second Monday 2 – 4pm (excl Bank Holidays) in the month in the Large Room of the Church building.

All are welcome as we start a new Social



The main holiday season is over and now we are all back to work/school again!!! Our good wishes and prayers are with all our young people starting a new academic year that it will be an exciting time of growth and learning and success. Our prayers too are with the teachers – the ones leading the students out/up/onwards to celebrate the wonders and potential in us all.

This is the first issue of the newsletter after Summer. It is meant to serve as a means of communication within our Parish community



Digital marketing is an essential tool for business owners and DLR Chamber is delighted to partner with BuzzStart Academy for the first in a series of FREE Training events.

"Social Marketing Seminar on digital skills" in collaboration with Facebook and SCFE.

BuzzStart Academy Partners with Facebook, DLR Chamber and DDTETB for Free Digital Skills Workshops in Dublin

To reserve your place email : [Gabby@dlrchamber.ie](mailto:Gabby@dlrchamber.ie)

## Activites taking place in the Dundrum Pastoral Centre:

**Chair Yoga for Seniors.** This form of light exercise is becoming very popular. Exercise without leaving your seat.. Every **Monday from 12:15hrs to 13:15hrs**, starting 2<sup>nd</sup> September. Call **Laura on 083 008 8043** to book your place.

**WHIST "Let's Whist Again!"** is starting each **Tuesday morning from 10:30am to 12:30pm** beginning 3<sup>rd</sup> September. WHIST is less competitive than Bridge but is still a classic card game and great for keeping your brain and memory agile. Open to all ages and beginners welcome. Call **Anni on 086 257 3536** for more information, or simply turn up on Tuesday mornings at 10:30.

A new **SOMATICS** class on **Wednesday evenings from 7pm to 8pm**. If you are feeling achy, tired or stressed come and learn how to re-educate your nervous system by gently engaging in some floor-based movements that can relieve tight muscles and restore a greater ease of movement. Call **Rona on 086 838 7482**



## Dublin Diocesan Pilgrimage to Lourdes

Thank you to the Parishioners of Meadowbrook Parish for their generous contribution of €1,000 for the Lourdes Fund. This contribution will go towards bringing 175 sick pilgrims to Lourdes from 4-9 September.



## St Vincent De Paul

urgently need volunteers in the areas of Dublin to work in assistance with individuals and families for just once a week. This will be for about 3 hours, day or night, (whatever suits you best). Full training and support provided -

[www.SVP.ie](http://www.SVP.ie)  
[volunteer@svp.ie](mailto:volunteer@svp.ie)

If you require help from the Society please phone the Head Office on 01 8550022 Mon-Fri. from 9.30am- 5.30pm.

The confidential mobile No. is 087 6158455.



The collection for Crosscare takes place today Sunday 1<sup>st</sup> September and replaces the **SHARE** collection at both masses.



## FESTIVAL OF FOOD

A two-day extravaganza of artisan food, cookery, gardening, workshops, wellness, live music and kids play.

We'd over 15,000 visitors to the Festival of Food in 2018 as our biggest event to date at Airfield Estate! Every visitor experienced an extended food village, natural beauty area, food demonstrations, music stage, craft brewery, botanical beverages, gardening zone, family foraging and much more!

Open 9.30 am – 5 pm – FREE entry for all and last admission at 4 pm.